



भारत सरकार  
 भारतीय हवामानशास्त्र विभाग  
 प्रादेशिक हवामानशास्त्र केंद्र,  
 कुलाबा, मुंबई - 400005  
 दुरध्वनी : 22150517/22174707



GOVERNMENT OF INDIA  
 INDIA METEOROLOGICAL DEPARTMENT  
 REGIONAL METEOROLOGICAL CENTRE,  
 COLABA, MUMBAI - 400005  
 PHONE: 22150517/22174707

Date of Issue: 8 March 2026

**Current Temperature Status and Heat Wave Warnings**

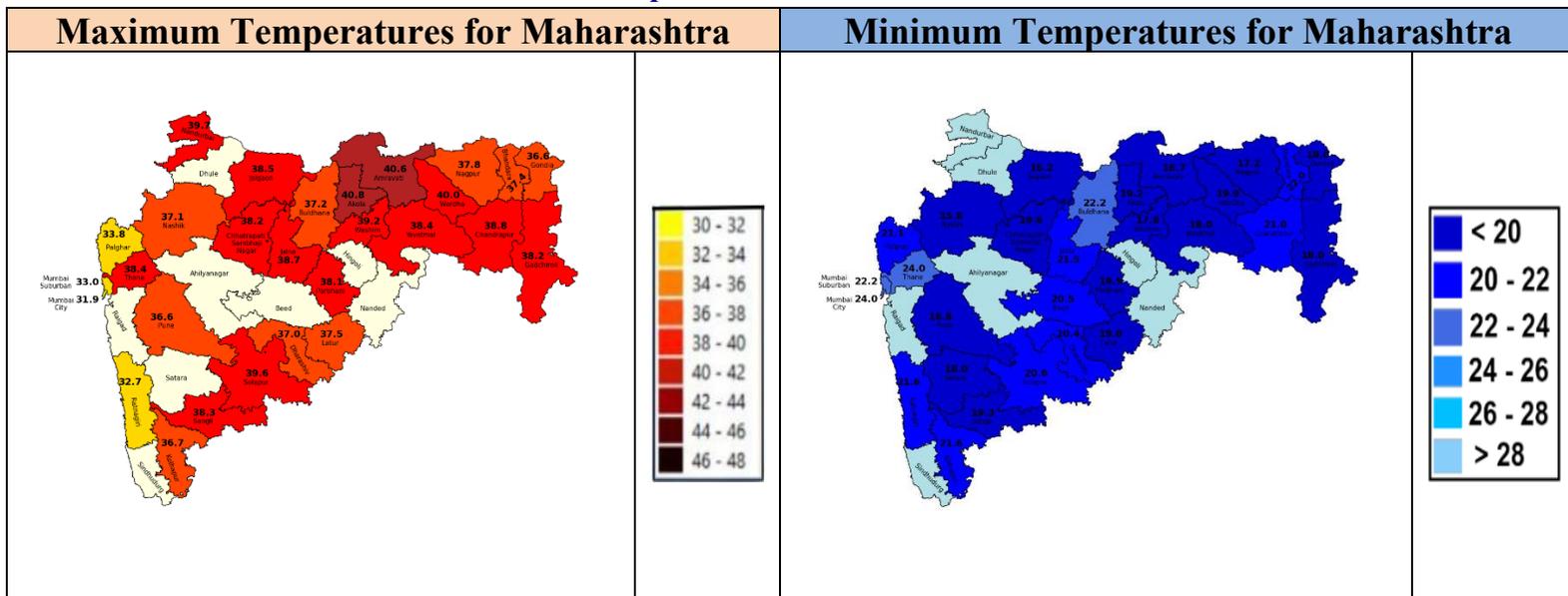
**Observed Temperature:**

Subdivision	Temperature (Deg C) (Based on 12 UTC 06/03/2026)		Temperature (Deg C) (Based on 03 UTC 07/03/2026)	
	Maximum	Departure	Minimum	Departure
North Konkan	32-38	Above Normal	21-24	Above Normal
South Konkan-Goa	30-33	Normal	22-23	Normal
North Madhya Maharashtra	32-38	Above Normal	16-18	Normal
South Madhya Maharashtra	37-40	Above Normal	15-22	Normal
Marathwada	37-39	Above Normal	18-21	Normal

**Heat wave/ Warm night conditions observed:**

Subdivision	Heat Wave	Warm Night	Hot Humid
Konkan- Goa	Nil	Nil	Nil
Madhya Maharashtra	Nil	Nil	Nil
Marathwada	Nil	Nil	Nil

**Observed Maximum & Minimum Temperature**



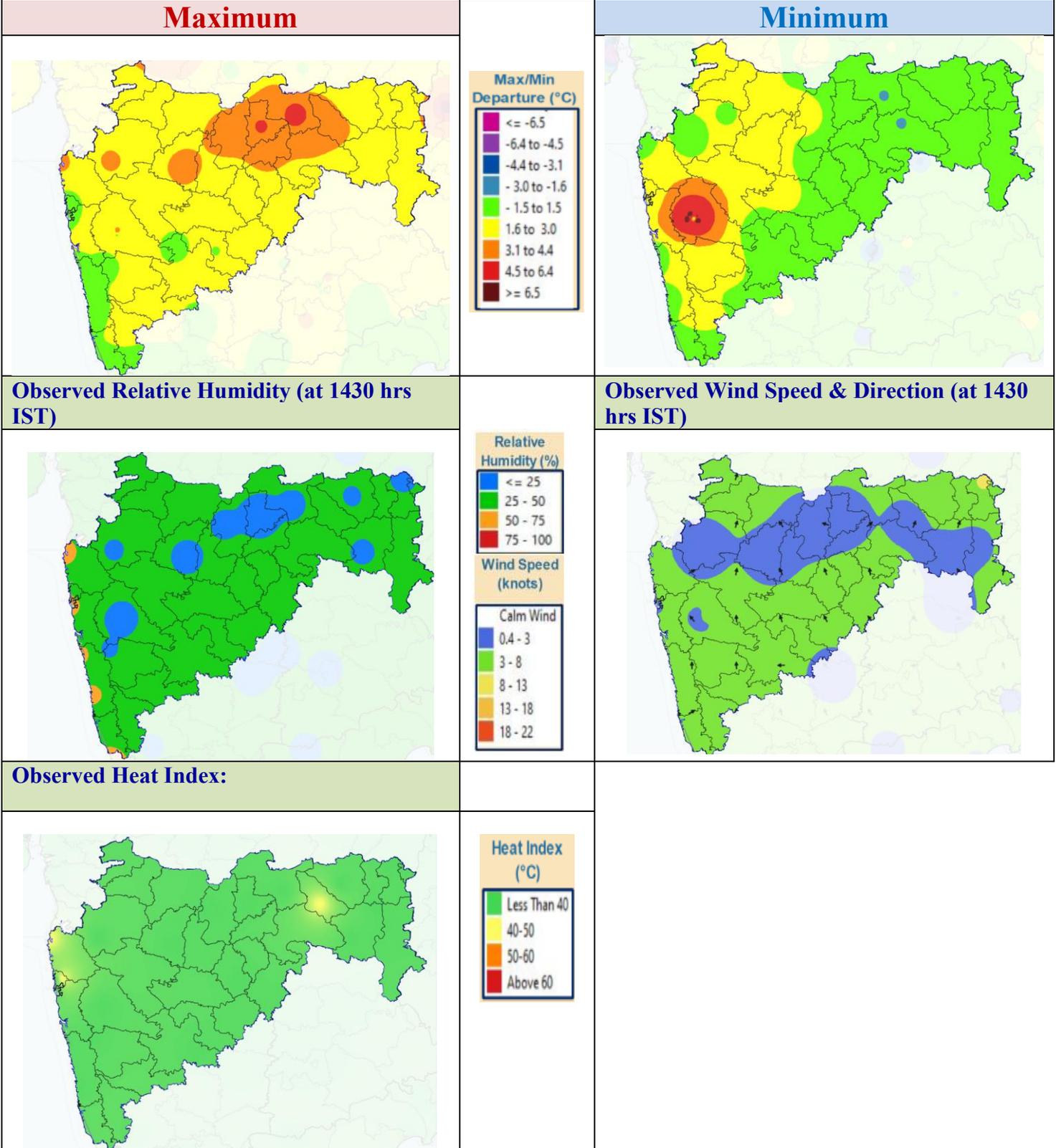


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## Observed Percentile Map of Maximum and Minimum Temperature





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### Forecast Scenario for next 5 days

<b>Konkan-Goa</b>	
<b>Maximum Temperature:</b>	Gradual rise in maximum temperature by 2-3 degree celsius over konkan during next 4 days and gradual fall thereafter.  <b>Hot and humid condition in isolated pockets Konkan</b> <ul style="list-style-type: none"><li>• 08 March 2026: Palghar, Thane, Mumbai, Raigad</li><li>• 09 March 2026 : Palghar, Thane, Mumbai</li></ul>
<b>Minimum Temperature:</b>	Gradual rise in minimum temperature by 1-3 Deg C over southern parts of konkan during next 3 days and no large change thereafter.

<b>Madhya Maharashtra</b>	
<b>Maximum Temperature:</b>	Gradual rise in maximum temperature by 2-3 degree celsius over Madhya Maharashtra during next 4 days and gradual fall thereafter.  <b>Hot and humid condition in isolated pockets Madhya Maharashtra</b> <ul style="list-style-type: none"><li>• 09 March 2026: Dhule, Nandurbar, Jalgaon, Nashik</li><li>• 10 March 2026 : Jalgaon, Ahilya nagar</li></ul>
<b>Minimum Temperature:</b>	Gradual rise in minimum temperature by 1-3 Deg C over southern parts of Madhya Maharashtra during next 3 days and no large change thereafter.

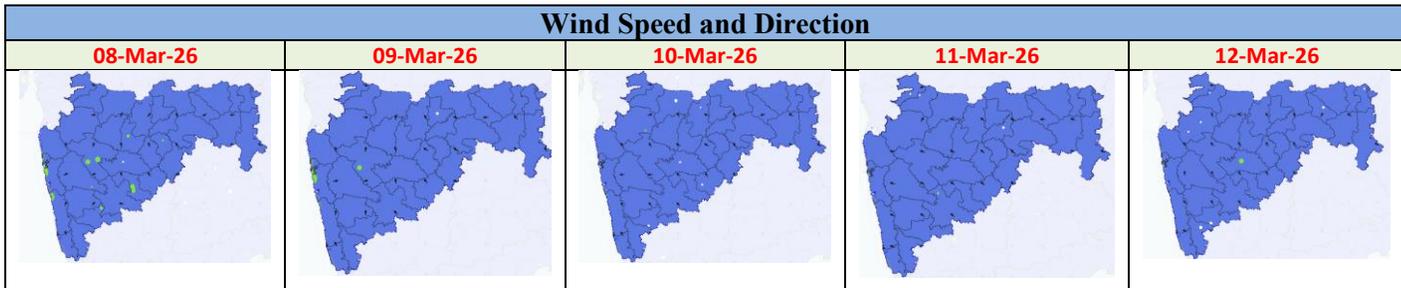
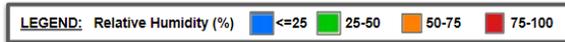
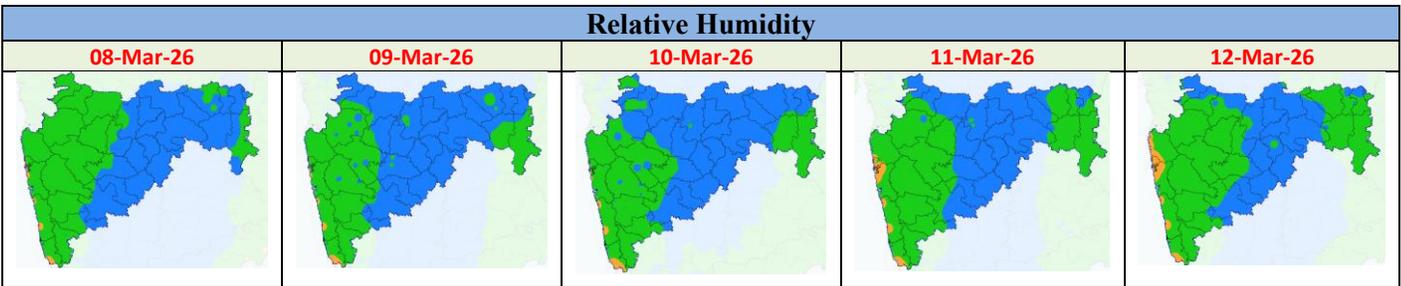
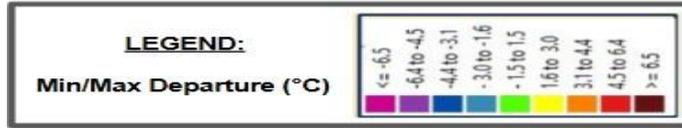
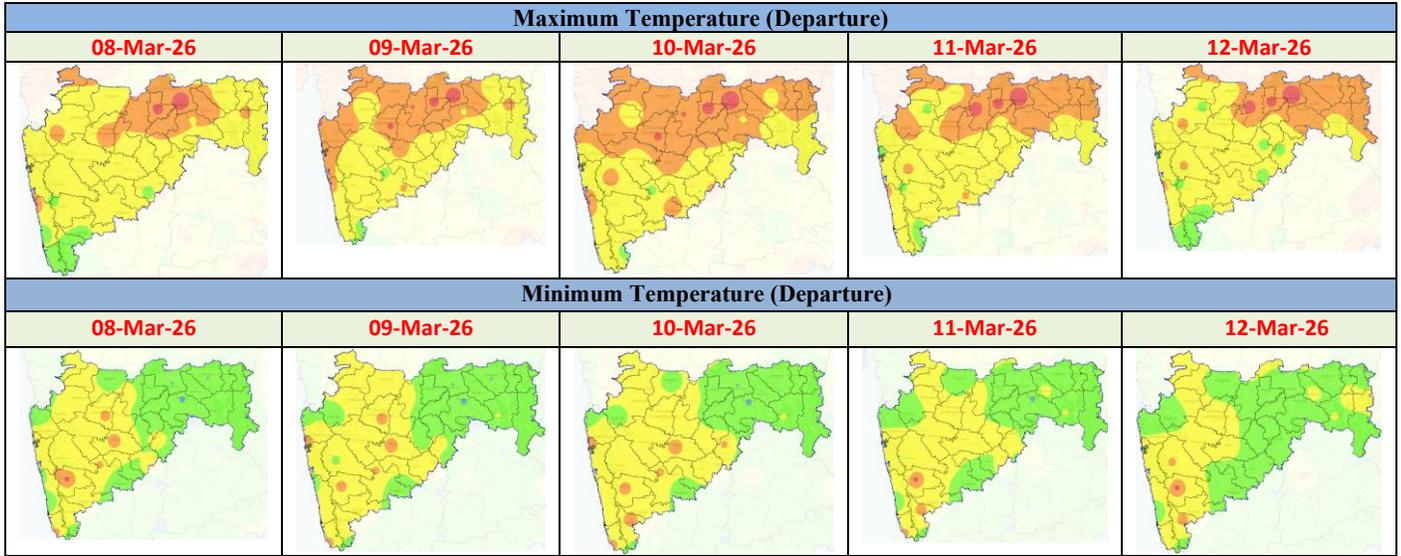
<b>Marathwada</b>	
<b>Maximum Temperature:</b>	Gradual rise in maximum temperature by 2-3 degree celsius over Marathwada during next 4 days and gradual fall thereafter.  <b>Hot and humid condition in isolated pockets Marathwada</b> <ul style="list-style-type: none"><li>• 09 March 2026: Chhatrapati Sambhaji Nagar, Jalna</li><li>• 10 March 2026 : Parbhani, Beed</li><li>• 11 March 2026: Jalna, Latur</li></ul> <b>Heat Wave condition in isolated pockets Marathwada</b> <ul style="list-style-type: none"><li>• 10 March 2026: Chhatrapati Sambhaji Nagar, Jalna</li><li>• 11 March 2026 : Parbhani, Hingoli</li></ul>
<b>Minimum Temperature:</b>	Gradual rise in minimum temperature by 1-3 Deg C over southern parts of Marathwada during next 3 days and no large change thereafter.



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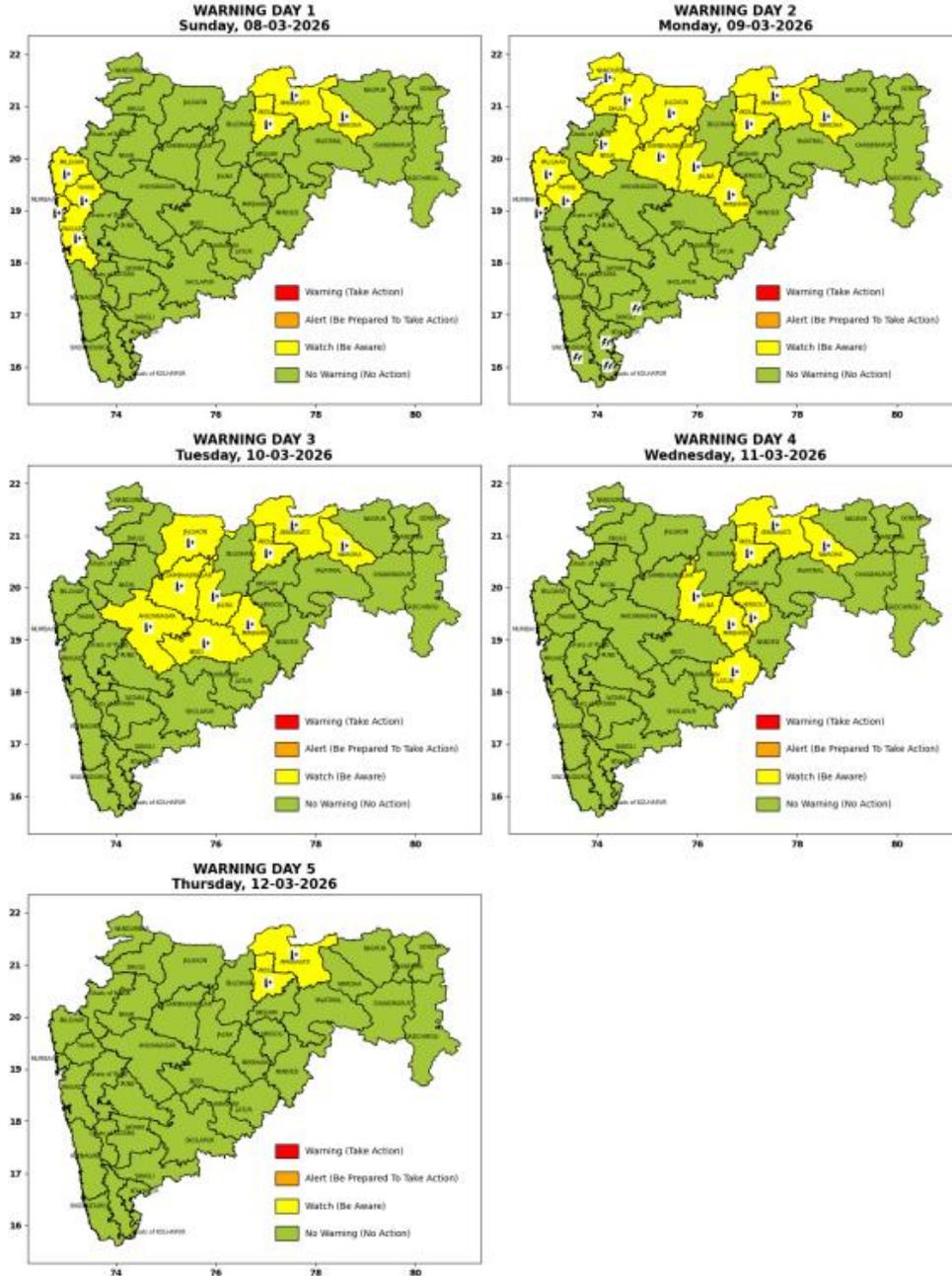
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**District Wise Hot and Humid, Heat Wave conditions warning:**

**WARNINGS**



**Expected Impacts:**

- ❖ Vulnerable people may take necessary precautions.
- ❖ It is advised to take precautionary measures for hot weather while going outside during peak hours of the day.
- ❖ Heat cramps, heat rash likely during peak hours of the day.

**Action Suggested:**

- ❖ Avoid prolonged heat exposure.
- ❖ Stay hydrated. Drink sufficient water even if not feeling thirsty to avoid dehydration.
- ❖ Wear light weight, light colored, loose, cotton clothes.
- ❖ Cover your head: use a wet cloth, hat or umbrella while going out during peak hours.
- ❖ Caution workers to avoid direct sunlight during the peak hours.
- ❖ Schedule strenuous jobs to cooler times of the day.
- ❖ Increasing the frequency and length of rest breaks for outdoor activities.
- ❖ Recognize the signs of heat stroke, heat rash or heat cramps such as weakness, dizziness, headache, nausea, sweating and seizures. If you feel faint or ill, see a doctor/ hospital immediately.
- ❖ Farmers are advised to continue irrigation activities.

**Legends:**

	<p><b>When maximum temperature of a station reaches <math>\geq 40^{\circ}\text{C}</math> for plains and <math>\geq 30^{\circ}\text{C}</math> for hilly regions</b></p> <p><b>(a) Based on Departure from normal</b></p> <p><b>Heat Wave:</b> Maximum Temperature Departure from normal <math>4.5^{\circ}\text{C}</math> to <math>6.4^{\circ}\text{C}</math>.</p> <p><b>Severe Heat Wave:</b> Maximum Temperature Departure from normal <math>\geq 6.5^{\circ}\text{C}</math></p> <p><b>(b). Based on Actual maximum temperature</b></p> <p><b>Heat Wave:</b> When actual maximum temperature <math>\geq 45^{\circ}\text{C}</math>.</p> <p><b>Severe Heat Wave:</b> When actual maximum temperature <math>\geq 47^{\circ}\text{C}</math></p> <p><b>( c). Criteria for heat wave for coastal stations</b></p> <p>When maximum temperature departure is <math>&gt;4.5^{\circ}\text{C}</math> from normal. Heat Wave may be described provided maximum temperature <math>\geq 37^{\circ}\text{C}</math></p>
	<p><b>When maximum temperature remains <math>40^{\circ}\text{C}</math></b></p> <p><b>Warm Night:</b> When minimum temperature departure <math>4.5^{\circ}\text{C}</math> to <math>6.4^{\circ}\text{C}</math>.</p> <p><b>Severe Warm Night:</b> When minimum temperature departure <math>&gt;6.4^{\circ}\text{C}</math>.</p>

Heat Wave Warning

Green (No action)	Normal Day	Maximum temperatures are near normal
Yellow Alert (Be updated)	Heat Alert	Heat wave conditions at district level likely to persist for 2 days
Orange Alert (Be prepared)	Severe Heat Alert for the day	(i) Severe heat wave conditions persist for 2 days. (ii) With varied severity, heat wave is likely to persist for 4 days or more
Red Alert (Take Action)	Extreme Heat Alert for the day	(i) Severe heat wave persists for more than 2 days. (ii) Total MAXIMUM TEMPERATURES number of heat/severe heat wave days likely to exceeds 6 days.