

भारत सरकार  
भारत मौसम विज्ञान विभाग  
(पृथ्वी विज्ञान मंत्रालय)  
मौसम केन्द्र  
विकासभवन पीओ  
तिरुवनंतपुरम - 695 033



GOVERNMENT OF INDIA  
INDIA METEOROLOGICAL  
DEPARTMENT  
(Ministry of Earth Sciences)  
METEOROLOGICAL CENTRE  
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18.04.2026

## **Hot and Humid Weather Warning (YELLOW WARNING)**

**Maximum temperatures are very likely to be around 40°C at isolated places in Palakkad district, 39°C in Kollam district, 38°C in Kottayam district, 37°C in Alappuzha, Pathanamthitta, Ernakulam, Thrissur, Malappuram, Kozhikode, Kannur & Kasaragod districts and 36°C in Thiruvananthapuram district (2 to 3°C above normal) on 18<sup>th</sup> & 19<sup>th</sup> April 2026.**

**Hot & Humid weather is very likely to prevail over these districts (except in hilly areas) on 18<sup>th</sup> & 19<sup>th</sup> April 2026.**

### **Impacts expected**

1. Such weather is of health concern for vulnerable people e.g. infants, the elderly, people with chronic diseases, and people exposed to the sun for prolonged periods or doing heavy work.
2. Heat Cramp, Heat Rash likely during the peak hours of the day (11 AM – 3 PM)

### **Action suggested**

- ✓ Avoid prolonged heat exposure.
- ✓ Wear lightweight, light-colored, loose, cotton clothes.
- ✓ Cover your head: Use a cloth, hat, or umbrella, while outdoors
- ✓ Drink sufficient water- even if not thirsty to avoid dehydration.
- ✓ Schedule strenuous jobs to cooler times of the day.
- ✓ Increasing the frequency and length of rest breaks for outdoor activities.
- ✓ Pregnant workers and workers with medical conditions should be given additional attention.
- ✓ Caution workers to avoid direct sunlight from 11 AM – 3 PM
- ✓ Keep the cattle indoors between 11 AM and 3 PM
- ✓ Do not leave Children or pets in parked vehicles
- ✓ Rallies/Gatherings need to be monitored during the peak hours (11AM – 3 PM) of the day.

DUTY OFFICER  
Meteorological Centre, Thiruvananthapuram

# Maximum Temperature Warning for Kerala

കേരളത്തിനായുള്ള കൂടിയ താപനില മുന്നറിയിപ്പ്

DATE OF ISSUE 18-4-2026  
VALID UPTO 19-4-2026



- No Warning (No Action)
- Watch (Be Updated)
- Alert (Be Prepared)
- Warning (Take Action)



ഉഷ്ണതരംഗ സാധ്യത



ചൂടും ഇരുപ്പുമേറിയതുമായ അന്തരീക്ഷസ്ഥിതിക്ക് സാധ്യത

